

The Utah Figure Skating Club

Announces

Copper Cup 2009

FIGURE SKATING CHAMPIONSHIPS

JULY 9-11, 2009

The IJS system will be used to judge all Well-Balanced Free Skate Program Track events in the Juvenile/Open-Juvenile through Senior levels.

The 6.0 system will be used to judge all Basic Skills, Artistic, Showcase, Adult, No-Test through Pre-Juvenile levels in the Well-Balanced Free Skate Program Track, Limited Beginner through Senior in the Competitive Test Track.

Chief Referee: Sharen Chiang Chief Accountant: Rebecca Oniki

Invited Judges (among others): Sharen Chiang, Jessica Gaynor, Lisa Talbot, Kanae Tagawa, Dawn Eyerly, Phil Deaver, Laurie Johnson, Linda Leaver, Tiffani Shipley, Kirsten Novak, MaryAnn Wilcox, Merribeth Anderson, Lisa Davis, and Jim Larkin



ENTRY DEADLINE APRIL 30, 2009

South Davis Recreation Center 555 North 200 West, Bountiful, Utah 84010

Sanctioned by:



COPPER CUP 2009 JULY 9-11, 2009

LOCATION: South Davis Recreation Center, 550 North 200 West, Bountiful, Utah. This is approximately 10 miles north of Salt Lake City. The ice surface is enclosed and is 200' X 100' with slightly rounded corners. A snack bar will be open during competition.

COMPETITION EVENTS: Well-Balanced Freeskate Program Track, Competitive Test Track, Basic Skills Freeskate, Special Olympics, Artistic and Showcase (Artistic Light).

SANCTION: Copper Cup 2009 is sanctioned by U.S. Figure Skating. The competition will be conducted according to the rules of U.S. Figure Skating as shown in the 2009/2010 Rulebook, except as otherwise stated in this Announcement.

QUALIFICATIONS: Test qualifications will be effective as of the closing of entries April 30, 2009. The skater may skate one level above his or her current level. All previous first-place winners in the most recent Copper Cup competition must skate one level higher regardless of test level status, except for juvenile, intermediate, novice, junior, senior, and adult events. .

ENTRY FEES: Short & Long Free Skate programs will be judged as combined events. All other events will be judged as individual events. The Free Skate is considered to be the first event.

Basic Skills (Snowplow, Basic 1-8, and Free Skate 1-6)	\$50.00
No-Test through Juvenile, Adult, and Competitive Test Track	\$65.00
Intermediate through Senior	\$85.00
Special Olympics	\$35.00
All Other First Events	\$65.00
Each Additional Event	\$30.00

ENTRIES: The Entry Form and Practice Ice Form and the Planned Program Sheet, together with appropriate fees, must be postmarked no later than Thursday, April 30, 2009.

EVENT SCHEDULE: A tentative schedule of events and practice ice times will be posted online at www.utahfigureskating.com as soon as they are available. All skaters should confirm their event times at the registration desk. Skaters should check in at the Registration Desk at least 30 minutes to 60 minutes prior to their scheduled event time.

PLANNED PROGRAM SHEETS: Planned Program Sheets must be turned in at the time of registration. Any entry forms not accompanied with a Planned Program Sheet will be considered incomplete. A blank Planned Program Sheet can be found at www.usfigureskating.org

LATE ENTRIES: Late entries may be accepted only with the approval of the Referee and an Event Co-Chair, and must also be accompanied with a \$40.00 late fee payment.

RETURNED CHECKS: An additional \$25.00 will be charged on any returned check. All further payments must be made in cash or with a money order. Skaters will not be allowed to practice or to compete until all payments are current.

REFUNDS: Refunds are available only if one or more of the following occurs: An event is not held; withdrawal of an entry is made in writing on or before April 30, 2009; or a death in the skater's family which occurs within one week of the competition. To withdraw, notify the Registrar immediately.

COACH REGISTRATION: All coaches must comply with the Coaches Registration Policy in order to be allowed to instruct and coach at this event. Coaches will need to check in at the registration desk and show a U.S. Figure Skating Coach Registration Card. If a coach has not registered before the competition and does not have a card, that coach will not be allowed to instruct or coach at this event. Coaches who are under 18 years of age and who only have Basic Skills students are exempted from this requirement.

TO REGISTER: Make checks payable to "Utah FSC." Mail completed entry form, planned program sheet (if applicable), and entry fees to:

Russell Pack, Registrar
Copper Cup
2660 South 1500 East
Salt Lake City, Utah 84106

QUESTIONS REGARDING THE COMPETITION: (No calls after 9:00 P.M. Mountain Time.)

REGISTRATION: Russell Pack 801-485-6032
E-mail: RussPack@hotmail.com

PRACTICE ICE: Liz Struthwolf 435-882-8609

EVENT CO-CHAIRS: Kim Jones 801-294-2806
Email: scott_kim320@yahoo.com

Paula Baker 801-544-2324
Email: sp3baker@msn.com

PRACTICE ICE: Reservations for all practice ice must be made and paid for in advance. The practice ice request form must be completed and mailed to the Copper Cup Practice Ice Chair. The requests must be postmarked no later than April 30, 2009, and must be accompanied by a check or money order, payable to "Utah FSC." The fee for each session is \$10.00. Mail completed request form and all fees to:

Liz Struthwolf
Copper Cup Practice Ice
98 Lakeview
Stansbury Park, Utah 84074

The official day for practice ice will be July 9, 2009. Skaters may register for only one practice ice session per event entered. Short and long programs will be considered as two separate events. Practice ice times will be posted at www.utahfigureskatingclub.com when available. Practice ice schedules will not be given by telephone. Practice ice fees are non-refundable.

MUSIC: All competitors must provide their own music on CD's (No CD-RW's), one event only per CD. The CD must be plainly marked with name, event, and the side to be played. Please bring two copies of each CD. Music should be turned in at the registration table one hour before the event to be skated and picked up following the event. Utah FSC will not be responsible for any music not picked up by the skater.

OFFICIAL NOTICES: An official bulletin board will be maintained in the lobby area of the arena and shall be considered to be sufficient notice to competitors. Skaters should check with the registration desk in the arena one hour before the event is scheduled to begin. Check bulletin board for changes. The referee may begin the competition events up to 30 minutes early.

SCHEDULED EVENTS: Under US Figure skating rules, two entries are required to hold an event. Single entries will be scheduled to skate their events and receive awards and may request a critique. Groups may be divided or combined at the discretion of the referee. Skating order will be posted at the first official practice ice. The names of other competitors and the actual group in which each is skating will not be posted until the first official practice. This information will not be available by telephone.

ADMISSION: There is no admission charge to any of the events.

JUDGING: The closed system of judging will be used for all events. The IJS system will be used to judge all Well-Balanced Freeskate Program track events in the Juvenile/Open Juvenile through Senior levels. The 6.0 system will be used for all Basic Skills, Artistic, Showcase, Adult and No-Test through Pre-Juvenile levels in the Well-Balanced Freeskate Program track and in the Limited Beginner through Senior levels in the Competitive Test track. There will be no final rounds.

REFEREE: The decision of the referee on all matters will be final. The referee, along with the competition co-chairs, shall have the right to exclude any person whose behavior is unruly or not sportsmanlike. All technical events below the Juvenile level and all Artistic events will be split into groups at the complete discretion of the Referee taking into account the number of entries and the ages of the skaters.

AWARDS: Awards will be presented immediately following the posting of the results for each event. Medals will be given for first through fourth places in each event. All Basic Skills competitors who do not place will be given participation awards.

COPPER CUP JUVENILE MOST INSPIRATIONAL AWARD: This award is presented to the skater who, in the opinion of the judges, demonstrated competitive spirit, sportsmanship, and exuberance for the Juvenile Free Skate Event.

IDA TATEOKA INTERMEDIATE BEST PERFORMANCE AWARD: This award is presented to the skater who, in the opinion of the judges, gave the best performance for the Intermediate Free Skate Event.

PHOTOGRAPHS: Group award photos of the top four skaters in each event will be taken and will be available for purchase. Also, group photos will be taken of all Basic Skills events and will be available for purchase. Individual skater photographs may also be purchased if desired. No personal flash photography will be allowed during events in the ice arena, and violators may be removed from the competition venue because of the danger to skaters.

ITEMS ON ICE: To ensure skater safety, no item may be thrown on the ice following any event or individual skater except for the stuffed animals available for purchase at the event.

VIDEOS: Videos will be available for purchase during the competition. In accordance with U.S. Figure Skating guidelines, no unauthorized taping of skaters other than your own is allowed.

ACCOMMODATIONS: The following hotels are about 4 miles from the South Davis Recreation Center. Restaurants are nearby. There are many other fine hotels in the Salt Lake City area. Driving time from Salt Lake City to Bountiful is approximately 20 minutes, except between 4:00 p.m. and 6:30 p.m. At that time driving time may be 45 minutes. Please make your reservations early, as there are many summer conventions in Utah.

OFFICIAL HOTEL:

CottonTree Inn 801-292-7666
1030 North 400 East
Woods Cross, Utah 84047
Full Hot Continental Breakfast

Free Airport Shuttle
Free Shuttle from Hotel to Rink

Hampton Inn 801-296-1211
2393 South 800 West
Woods Cross, Utah 84087
Continental Breakfast

Fairfield Inn 801-298-3900
2437 Wildcat Way
Woods Cross, Utah 84087
Continental Breakfast

Country Inn & Suites 801-292-8100
999 North 500 West
West Bountiful, Utah 84087
Full Continental Breakfast

BASIC SKILLS FREE SKATE DIVISION

ALL EVENTS ARE OPEN TO SKATERS OF ALL AGES. The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of closing date of entries. All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances. The same restrictions apply to all skaters, including but not limited to skaters taking private lessons. Where entries permit, groups will be divided by gender and age. Adults are welcome and are strongly encouraged to participate. All events are Well-Balanced Free Skate program events. Basic Skills division Snowplow Sam – Basic 8 level Free Skate programs may be skated to instrumental or vocal music and will be 1:00 minute in duration (+/- 10 seconds). All levels will be performed on full ice.

The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise stated. Elements from a previous level are permitted; however, elements from a higher level are prohibited and a .2 deduction will be taken for each element performed from the higher level. Each program must contain the following required elements to be skated in any order (taken from the U.S. Figure Skating Basic Skills handbook).

- SNOWPLOW SAM:** March Followed by a Two-Foot Glide and Dip
Forward Two-Foot Swizzles 2 - 3 in a Row
Forward Snowplow Stop
Backward Wiggles 2 - 6 in a Row
- BASIC 1 FREE SKATE:** Forward Two-Foot Glide
Forward Snowplow Stop
Forward Two-Foot Swizzles 6 – 8 in a Row
Backward Wiggles 6 – 8 in a Row
- BASIC 2 FREE SKATE:** Forward One-Foot Glide (either foot)
Two-Foot turn in place – Forward to Backward
Backward Two-Foot Swizzles 6 – 8 in a Row
Forward Alternating ½ swizzle pumps, in a straight line – across width of ice (slalom like pattern)
Moving Snowplow Stop
- BASIC 3 FREE SKATE:** Forward Stroking
Forward ½ swizzle Pumps on a circle, either clockwise or counter clockwise 6- 8 consecutive
Moving Forward to Backward Two-Foot turn (either direction)
Backward One-Foot Glide (either foot)
Two-Foot Spin
- BASIC 4 FREE SKATE:** Forward Outside edge on a circle, either clockwise or counter clockwise
Forward Crossovers 6 – 8 consecutive, Both Directions
Forward Outside 3-turn – R & L from a standstill
Backward Stroking
Backward One-Foot Snowplow Stop (either foot)
- BASIC 5 FREE SKATE:** Backward Outside edge on a circle, either clockwise or counter clockwise
Backward Crossovers 6 – 8 consecutive, Both Directions
One-Foot Spin (minimum 3 revolutions)
Side toe Hop, either direction
Hockey Stop

- BASIC 6 FREE SKATE:** Forward Inside 3-turn – R & L from a standstill
Bunny Hop
Forward Spiral on a straight line, either R or L
Forward Lunge, either R or L
T-Stop (either foot)
- BASIC 7 FREE SKATE:** Forward Inside open Mohawk, R to L & L to R
Ballet Jump (either direction)
Backward Crossovers to a Back Outside edge landing position – Clockwise & Counter Clockwise
Forward Inside Pivot
- BASIC 8 FREE SKATE:** Moving Forward Outside or Forward Inside 3-turns, R & L
Waltz jump (entry optional)
Mazurka (either direction)
Combination Move: Two Forward Crossovers into FI Mohawk, step behind, step into one
Backward Crossover and step to a FI edge (clockwise or counter clockwise)
Beginning One-Foot upright Spin (optional free foot position)

FREE SKATE EVENTS: Free Skate 1 – 6 - For the Free skate 1-6, Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise stated. To be skated on full ice. The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from a previous level. A .2 deduction will be taken for each element performed from a higher level. Vocal music is not allowed. Music duration: 1:30 minutes (+/- 10 seconds).

- FREE SKATE 1:** Advanced Forward Stroking (4-6 consecutive strokes)
Forward Outside or Inside consecutive edges (either 2-4 outside or 2-4 inside)
Scratch Spin from Backward crossovers
Waltz jump from Backward crossovers
Half-Flip jump

- FREE SKATE 2:** Forward Outside Spiral, either R or L
Toe loop jump
Waltz threes, either R or L
Beginning Back Spin
Waltz jump-side hop- Waltz jump series

- FREE SKATE 3:** Forward crossovers in a figure 8
Advanced Forward Outside Swing Rolls (4-6 consecutive)
Back Spin
Salchow
Waltz jump/Toe loop or Salchow/Toe loop combination

- FREE SKATE 4:** Spiral sequence: FI spiral, FI Mohawk, BO spiral, either R or L
Forward Power 3s (2-3 consecutive sets), either R or L
Sit Spin
Loop jump
Waltz jump/Loop jump combination

- FREE SKATE 5:** Spiral sequence: FO spiral, FO 3 turn, One backward crossover, BI spiral, either R or L
Camel Spin
Forward upright pin to Back upright spin
Loop/Loop combination
Flip jump

FREE SKATE 6: Five step Mohawk sequence (one set, alternating pattern)
Camel/Sit Spin combination (min. 4 revolutions)
Split or Stag jump
Lutz jump
Waltz jump/half loop/Salchow combination

COMPETITIVE TEST TRACK

Skaters may enter either the Test Track Free Skate program or the Well-Balanced Free Skate program track, but not both, during the same non-qualifying competition. Competitors will skate to music of their choice. 6.0 Judging will be used. All events are Well-Balanced Free Skate program events. Deductions will be made for skaters including technical elements not permitted in the event description.

Deductions will be made for skaters including technical elements not permitted in the event description.

- 0.1 from each mark for each technical element that is not permitted in the event description.
- 0.2 from the technical mark for each extra or lacking element.
- 0.1 for any spin with less than required revolutions.

LIMITED BEGINNER: Program Duration: 1 Minute 30 Seconds (+/- 10 Seconds)

Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills Free Skate badge tests.

ELEMENTS:

Solo spins in an upright position (min. 3 revolutions)
Jumps with not more than one-half rotation (front to back or back to front)
No combination jumps or jump sequences
Connecting moves and steps should be demonstrated throughout the program

BEGINNER: Program Duration: 1 Minute 30 Seconds (+/- 10 Seconds)

Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills Free Skate badge tests.

ELEMENTS:

Solo spins in an upright position (min. 3 revolutions)
Jumps with not more than one-half rotation (front to back or back to front)
Single rotation jumps – Salchow and toe loop only
No combination jumps or jump sequences
Connecting moves and steps should be demonstrated throughout the program

PRE-PRELIMINARY: Program Duration: 1 Minute 30 Seconds (+/- 10 Seconds)

Skaters may not have passed tests higher than U.S. Figure Skating Pre-Preliminary Free Skate test.

ELEMENTS:

Two solo spins of a different nature (Min. 3 revolutions)
All single solo jumps allowed (No axels)
Jump combinations or sequences using only a Waltz jump, Toe loop and Salchow
Connecting moves and steps should be demonstrated throughout the program

PRELIMINARY TEST: Program Duration: 1 Minute 30 Seconds (+/- 10 Seconds)

Skaters must have passed at the U.S. Figure Skating Pre-Preliminary Free Skate test, but may not have passed tests higher than the Preliminary Free Skate test.

ELEMENTS:

Two spins of a different nature, combination spins allowed (min. 3 revolutions each & no flying spins)
Jumps with not more than one rotation (No axels). Jump combinations and sequences are allowed
Maximum 5 jumping elements
Connecting moves and steps should be demonstrated throughout the program

PRE-JUVENILE: Program Duration: 2 Minutes (+/- 10 Seconds)

Skaters must have passed at least the U.S. Figure Skating Preliminary Free Skate test, but may not have passed tests higher than Pre-Juvenile Free Skate test.

ELEMENTS:

Three spins in any position (min. 4 revolutions), one must be a combination spin with change of foot optional (min. 3 revolutions on each foot or 6 total revolutions). No flying spins.

Jumps with not more than one rotation (No axels). Jump combinations and sequences are allowed

Maximum 6 jumping elements

One step sequence, straight line, circular or serpentine, fully utilizing ice surface

JUVENILE TEST: Program Duration: 2 Minutes 15 Seconds (+/- 10 Seconds)

Skaters must have passed at least the U.S. Figure Skating Pre-Juvenile Free Skate test, but may not have passed tests higher than Juvenile Free Skate test.

ELEMENTS:

Three spins in any position (min. 4 revolutions), one must be a combination spin with one change of foot (min. 4 revolutions on each foot). May include flying spins

Any single jumps and jump combinations with not more than 1½ rotation (Axel permitted)

Maximum 6 jumping elements

One step sequence, straight line, circular or serpentine, fully utilizing ice surface

INTERMEDIATE TEST: Program Duration: 2 minutes 30 Seconds (+/- 10 Seconds)

Skaters must have passed at least the U.S. Figure Skating Juvenile Free Skate test, but may not have passed tests higher than Intermediate Free Skate test.

ELEMENTS:

Three spins in any position (min. 4 revolutions), one must be a combination spin with at least one change of foot (min 4 revolutions on each foot). May include flying spin

Any single jumps

Double jumps may only be the double Salchow and the double Toe loop. Jump combinations and sequences allowed.

Maximum 6 jumping elements

One step sequence, straight line, circular or serpentine, fully utilizing ice surface

NOVICE TEST: Program Duration: 3 Minutes for ladies and 3 Minutes 30 Seconds for men (+/- 10 Seconds)

Skaters must have passed at least the U.S. Figure Skating Intermediate Free Skate test, but may not have passed tests higher than Novice Free Skate test.

ELEMENTS:

Three spins in any position (min 6 revolutions), one must be a combination spin with at least one change of foot (min. 5 revolutions on each foot). May include flying spins

Any single jumps

Double jumps may only be the double Salchow, double Toe loop and the double Loop. Jump combinations and sequences allowed

Maximum 7 jumping elements

One step or spiral sequence (see Rule 3640 for description)

JUNIOR TEST: Program Duration: 3 Minutes 30 Seconds for ladies and 4 Minutes for men (+/- 10 Seconds)

Skaters must have passed at least the U.S. Figure Skating Novice Free Skate test, but may not have passed higher than Junior Free Skate test.

ELEMENTS:

Three spins – one must be a flying spin, a solo spin (6 revolutions each) and combination spin consisting of all three positions and one change of foot (min. 2 in each position and min. 5 revolutions on each foot)

Any single jumps and double jumps may only be the double Salchow, double Toe loop double Loop and the double Flip. Jump combinations and sequences allowed

Maximum 7 jumping elements for ladies and 8 for men

Ladies: One step sequence and one spiral sequence (see Rule 3640 for description)

Men: Two different step sequences

SENIOR TEST: Program Duration: 4 Minutes for ladies and 4 Minutes 30 Seconds for men (+/- 10 Seconds)

Skaters must have passed at least the U.S. Figure Skating Junior Free Skate test.

ELEMENTS: Four spins (min. 6 revolutions on all solo spins) – one must be a flying spin, one a solo spin, one spin combination consisting of all three positions and one change of foot (min. 2 in each position and min. 5

revolutions

on each foot)

At least four different double jumps – one must be a double Lutz. Jump combinations and sequences allowed

Maximum 7 jumping elements for ladies and 8 for men

Ladies: One step sequence and one spiral sequence (see Rule 3640 for description)

Men: Two different step sequences

WELL-BALANCED FREE SKATE PROGRAM TRACK

NO-TEST FREE SKATE: Program Duration: 1 Minute 30 Seconds (+/- 10 Seconds)

Open to skaters who have not passed the U.S. Figure Skating Preliminary Free Skate Test. Program in accordance with 3720 in the 2009 Rulebook. Program may not include axel. Double jumps or double jump combinations are prohibited.

PRE-PRELIMINARY FREE SKATE: Program Duration: 1 Minute 30 Seconds (+/- 10 Seconds)

Open to skaters who have not passed the U.S. Figure Skating Preliminary Free Skate Test. Program in accordance with 3710 in the 2009/2010 Rulebook. Program may include axel. Double jumps or double jump combinations are prohibited.

PRELIMINARY FREE SKATE: Program Duration: 1 Minute 30 Seconds (+/- 10 Seconds)

Open to skaters who have passed the U.S. Figure Skating Pre-Preliminary Free Skate test, but not the U.S. Figure Skating Pre-Juvenile Free Skate test. Program in accordance with 3700 in the 2009/2010 Rulebook. Program may include an axel and up to two different double jumps. Double Jumps may be repeated in jump sequence or jump combination. Double axel is prohibited.

PRE-JUVENILE FREE SKATE: Program Duration: 2 Minutes (+/- 10 Seconds)

Skaters must have passed the U.S. Figure Skating Preliminary Free Skate Test, but not the U.S. Figure Skating Juvenile Free Skate Test. Program in accordance with 3690 in the 2009/2010 Rulebook. Program may include an axel, and up to four different double jumps. Double jumps may be repeated in jump sequence or jump combination.

JUVENILE FREE SKATE: Open to skaters 12 years of age or under at close of entries.

OPEN JUVENILE FREE SKATE: Open to skaters 13 years of age or older at the close of entries.

FOR EITHER EVENT: Program Duration: 2 Minutes 15 Seconds (+/- 10 Seconds)

Skaters must have passed the U.S. Figure Skating Pre-Juvenile Free Skate Test, but not the U.S. Figure Skating Intermediate Free Skate Test. Program in accordance with 3680 in the 2009/2010 Rulebook.

SHORT PROGRAMS: Use requirement 3640-3671 in the 2009/2010 Rulebook.

INTERMEDIATE FREE SKATE:

Short program maximum duration: 2 minutes. Free Skate program duration: 2 minutes 30 seconds (+/- 10 Seconds). Open to skaters who have passed the U.S. Figure Skating Juvenile Free Skate Test, but not the U.S. Figure Skating Novice Free Skate Test. Free Skate program in accordance with 3672 in the 2009/2010 Rulebook.

NOVICE FREE SKATE:

Short program maximum duration: 2 minutes 30 seconds. Free Skate program duration: 3 minutes for ladies and 3 minutes 30 seconds for men (+/- 10 Seconds). Open to skaters who have passed the U.S. Figure Skating Intermediate Free Skate Test, but not the U.S. Figure Skating Junior Free Skate Test. Free Skate program in accordance with 3663 in the 2009/2010 Rulebook.

JUNIOR FREE SKATE:

Short program maximum duration: 2 minutes 50 seconds. Free Skate program duration: 3 minutes 30 seconds for ladies and 4 minutes for men (+/- 10 Seconds). Open to skaters who have passed the U.S. Figure Skating Novice Free Skate Test, but not the U.S. Figure Skating Senior Free Skate Test. Free Skate program in accordance with 3653 the 2009/2010 Rulebook.

SENIOR FREE SKATE:

Short program maximum duration: 2 minutes 50 seconds. Free Skate program duration: 4 minutes for ladies and 4 minutes 30 seconds for men (+/- 10 Seconds). Open to skaters who have passed the U.S. Figure Skating Junior Free Skate Test or the Senior Free Skating Test. Free Skate program in accordance with 3643 the 2009/2010 Rulebook.

ADULT FREE SKATE

In the case of a single entry in any group, events may be combined. The combined groups will free skate the items from the lower group. Men and women will be separated. Minimum age: 21 years old. Please note that +/- 10 Second time allowances do not apply to Adult Events.

YOUNG ADULT BRONZE FREE SKATE: Open to skaters ages 18 - 20 as of close of entries who have passed no higher than the U.S. Figure Skating Preliminary Free Skate test. Program in accordance with 3800 in the 2009/2010 Rulebook. No axel or multi-revolution jumps allowed. Free Skate program maximum duration: 1 minute 50 seconds.

ADULT BRONZE FREE SKATE: Open to skaters 21 years and older as of close of entries who have passed no higher than the U.S. Figure Skating Adult Bronze Free Skating Test or the Preliminary Free Skating Test. Program in accordance with 3800 in the 2009/2010 Rulebook. No axel or multi-revolution jumps allowed. Free Skate program maximum duration: 1 minute 50 seconds.

YOUNG ADULT SILVER FREE SKATE: Open to skaters ages 16 - 20 as of close of entries who have passed no higher than the U.S. Figure Skating Juvenile Free Skate Test. Program in accordance with 3790 in the 2009/2010 Rulebook . Free Skate program maximum duration: 2 minutes 10 seconds.

ADULT SILVER FREE SKATE: Open to skaters 21 years and older as of close of entries who have passed at least the U.S. Figure Skating Adult Bronze Free Skating Test, but no higher than the U.S. Figure Skating Juvenile or the Adult Gold Free Skating Test. Program in accordance with 3790 in the 2009/2010 Rulebook . Free Skate program maximum duration: 2 minutes 10 seconds.

YOUNG ADULT GOLD FREE SKATE: Open to skaters ages 16 - 20 as of close of entries who have passed no higher than the U.S. Figure Skating Intermediate Free Skate Test. Program in accordance with 3780 in the 2009/2010 Rulebook . Free Skate program maximum duration: 2 minutes 40 seconds.

ADULT GOLD FREE SKATE: Open to skaters 21 years and older as of close of entries who have passed at least the U.S. Figure Skating Adult Silver Free Skating Test, but no higher than the U.S. Figure Skating Intermediate Free Skate Test. Program in accordance with 3780 in the 2009/2010 Rulebook . Freeskate program maximum duration: 2 minutes 40 seconds.

SPECIAL OLYMPICS

Categories will be created as needed, depending on entrants.

ARTISTIC

Skate time durations adhere to National Showcase requirements.

This event is to be skated as a rhythmic interpretation of the music selected by the skater; vocal or instrumental music may be used. Qualifications to compete in a given level are the same as the requirements for the same free skating level. One mark will be awarded based on the program components as described in the Rulebook. Any jumps, spins, and footwork sequences incorporated into the program should be to enhance the above components. Base value and difficulty level of technical elements will not be a consideration in assigning the final mark. Novelty effects, such as lip-synching or dancing in place, are not desirable. Costumes should be in accordance with U.S. Figure Skating rules. Props, including hand-held, are not allowed. At the discretion of the referee, groups may be combined and/or divided.

Males and females will compete against each other.

Program duration (no minimum requirement):

No Test, Limited Beginner, Beginner through Pre-Juvenile – 1:40 minutes maximum

Juvenile through Novice – 2:10 minutes maximum

Junior and Senior – 2:40 minutes maximum

Adults – 1:40 minutes maximum (this time matches Adult Nationals requirements)

Basic Skills Showcase Light (Snowplow – B8) – 1:00 (+/- 10 seconds)

Special Olympics Skater Showcase – 1:30 minutes maximum

SHOWCASE (ARTISTIC LIGHT)

Skate time durations adhere to National Showcase requirements.

These events are designed to portray a character or theme through the use of music and costume.

One mark will be awarded based on the following criteria:

- 1) Entertainment value. This principal element is comprised of showmanship, artistic, and theatrical qualities, and audience appeal.
- 2) Music and choreography. The performance must fit the music. The routine should use the full ice surface with the skating elements reflecting musical interpretation. Creativity and originality will be credited.
- 3) Skating. Skating elements should carry out the mood of the music/choreography and will be judged on how they enhance the performance and interpretation of the music. Difficulty of moves/elements will not be a factor. Choreography and skating ability should be consistent with the skating level entered.
- 4) Costumes and props. Costumes and props should reflect the music and must be appropriate for the performance and age of the skater. A prop must be incorporated into the performance and not just scenery. Props must be carried on and off the ice by the skater in a reasonable amount of time.
- 5) If insufficient entries are received. Levels may be combined at the discretion of the referee.
- 6) Males and females will compete against each other.

Program duration (no minimum requirement):

No Test, Limited Beginner, Beginner through Pre-Juvenile – 1:40 minutes maximum

Juvenile through Novice – 2:10 minutes maximum

Junior and Senior – 2:40 minutes maximum

Adults – 1:40 minutes maximum (this time matches Adult Nationals requirements)

Basic Skills Showcase Light (Snowplow – B8) – 1:00 (+/- 10 seconds)

Special Olympics Skater Showcase – 1:20 minutes maximum

Copper Cup 2009 Official Entry Form

Please print legibly to ensure accuracy.

Skater's Name _____ Phone # (____) _____

Address _____ City/State _____ ZIP _____

Skater's birth date ____/____/____ Male _____ Female _____

Skater's Club _____ US Figure Skating or Basic Skills # _____

Skater's or Parent's e-mail _____

Coach's Name _____ Coach's Phone # (____) _____

Coach's e-mail _____ Certified by US Figure Skating _____

Event/Level	Free Skate	Artistic 1 st Event Fee/ 2 nd /3 rd Event Fee	Showcase 1 st Event Fee 2 nd /3 rd Event Fee
Basic Skills (Circle level entered) Snowplow Sam, Basic 1, Basic 2, Basic 3, Basic 4, Basic 5, Basic 6, Basic 7, Basic 8. Free Skate 1, 2, 3, 4, 5, 6	\$50.00	\$65.00 / \$30.00	\$65.00 / \$30.00
Competitive Test Track (Circle level entered) Limited Beginner, Beginner, Pre-Preliminary Test, Preliminary Test, Pre-Juvenile Test, Juvenile Test, Intermediate Test, Novice Test, Junior Test, Senior Test	\$65.00	\$65.00 / \$30.00	\$65.00 / \$30.00
Well-Balanced Free Skate (Circle level entered) No Test, Pre-Preliminary, Preliminary, Juvenile, Open Juvenile, Adult Bronze, Adult Silver, Adult Gold	\$65.00	\$65.00 / \$30.00	\$65.00 / \$30.00
Well-Balanced Free Skate (Circle level entered) Intermediate, Novice, Junior, Senior	\$85.00	\$85.00 / \$30.00	\$85.00 / \$30.00
Special Olympics	\$30.00	NA	NA

TOTAL AMOUNT DUE: _____ (Payable to "Utah FSC")

CHECK OR MONEY ORDER #: _____

Copper Cup 2009 Entry Form (Page 2)

All entrants must be at least a US Figure Skating Registered Basic Skills member or an Ice Skating Institute member. All entry forms must have the required signatures and skater's US Figure Skating number. This competition is sanctioned by the US Figure Skating, sponsored by the Utah Figure Skating Club, and governed by the rules and regulations prescribed in the 2009/2010 Rulebook, except as otherwise noted in this Announcement.

Skater's Name _____

Highest test(s) passed:

Basic Skills _____ US Figure Skating Moves _____ US Figure Skating Free Skate _____

I certify that the above-named skater has entered to compete at the correct level:

(Signature of coach)

I certify that my PSA standing is up-to-date as of _____

(Signature of coach)

I certify that the above-named skater is an amateur in good standing of the US Figure Skating and is eligible to enter the event(s) indicated:

(Signature of club officer) (Title) (Club)

(Signature of skater or parent/guardian if skater is under 18 year of age) (Date)

Waiver and Medical Release

In consideration for acceptance of this application and participation in this event, I agree to assume all risks associated with participating in any activities of the competition, and hereby indemnify and hold harmless the US Figure Skating, Utah Figure Skating Club, South Davis Recreation District, and South Davis Recreation Center, and all of their officers, employees and agents, jointly and severally, from any and all costs, expenses, damages, and losses of any kind arising from any injury, illness, or other harm sustained while participating in such activities.

Authorization to provide emergency medical service. If skater is a minor and will not be accompanied by a parent or guardian, the parent or guardian must grant permission to provide necessary medical service in the event of injury or illness of the skater.

I give permission for _____ (name of skater) to receive emergency medical care by qualified medical personnel if necessary.

(Signature of parent or guardian) (Date)

COPPER CUP 2009 PRACTICE ICE REQUEST FORM

Official practice ice is Thursday, July 9, 2009. The cost is \$10.00 for each 30-minute session. Each competitor will be allowed one unit for each event entered. Long and short programs are considered as two events. Every attempt will be made to play each skater's music, but this is not a guarantee. The playing order for music will be determined by a draw.

Skater's Name _____

Club _____

Skater's Street Address _____ City/State _____ Zip _____

Skater's Phone _____ Skater's e-mail _____

Coach's Name _____ Coach's Phone _____

Coach's e-mail _____

Event entered:

Level:

1. _____

2. _____

3. _____

4. _____

Comments:

Number of practice ice sessions requested _____ X \$10.00 = _____

Day of competition practice ice (no music will be played) _____ X \$10.00 = _____

All practice ice sessions must be reserved and paid for in advance. This completed form and payment must be postmarked no later than April 30, 2009. Make check payable to "Utah FSC."

Mail completed form and payment to:

Liz Struthwolf
Copper Cup Practice Ice
98 Lakeview
Stansbury Park, Utah 84074

Direct questions to Liz Struthwolf at 435-882-8609 (no calls after 9:00 P.M. Mountain time)

No refunds will be issued for practice ice after the closing date of April 30, 2009.