

SDRC Freestyle Session Rules

Club Ice

- ❖ Club Ice is held each Thursday, from 4:30-6:45 p.m. at the South Davis Recreation Center, beginning in September and ending in May.
- ❖ Junior Club Night: Once per month, Junior Club members join us for Club Ice Parties and activities. This is usually reserved for the 3rd Thursday of the month, but is subject to change. See Club Newsletter.
- ❖ Ice time fees DO APPLY during Jr. Club Activities
- ❖ Club Ice is generally reserved as:
 - High Test 4:30-5:30 p.m. and Low Test 5:45-6:45 p.m.
- ❖ The freestyle sessions can be used for lessons. The Club reserves the right to use this time for Club business or activities as deemed necessary.
- ❖ Pros who are members may teach for free during this time. Non-member Pros must pay a Club Ice fee to teach during this time.
- ❖ Club Ice prices are as follows:
 - Year Pre-Paid (first week of September to end of May) - \$85.00 for one session weekly during High or Low Test Club Ice
 - Per Session - \$5.00 Guests \$7.00

South Davis Recreation Center Freestyle Sessions and Registration

- ❖ Schedules with Freestyle Ice are available at the front desk. Ice blocks are usually in 1-hour sessions.
- ❖ Occasionally Freestyle Ice is sold or becomes available, so updated schedules should be checked for frequently.
- ❖ Each session is paid for separately. Skaters must pay for each session they use, even if they only skate a portion of that session and a portion of another. Some exceptions may apply with rink approval.
- ❖ Punch passes may be purchased at the South Davis Recreation Center. When using the punch pass a discounted rate will apply to your session.
- ❖ Skaters must pay the South Davis Recreation Center and check in with monitor before taking the ice; and they should not stay on the ice for a session longer than paid for.
- ❖ Fees for private lessons will be paid directly to their Pro.
- ❖ Pros' fees DO NOT include ice fees.

General Rules

- ❖ Skating can be a dangerous sport. All skaters must keep their eyes open & pay attention to what is going on around them. Keep moving unless receiving instructions from a Pro. Get up quickly after falling (unless severely injured); lying on the ice for prolonged periods is not safe & will not be permitted.
- ❖ **NO** food, gum or drinks (with the exception of water bottles) are allowed on the ice at any time.
- ❖ Skaters must *keep moving* unless receiving instructions from a Pro. There should be no standing around. Social hour should happen only off the ice.

- ❖ Skaters can sign up for a slot to practice their program by signing their name on the plexiglass window in front of the Music station.
- ❖ After the 1st 15 minutes of a session skaters who have not been placed on the first time list will no longer have 1st priority and must sign up in the 2nd line.
- ❖ Lessons have first priority when placing music in line. Pros have the opportunity to “bump” other skaters in the music line and may play their lessons music again if everyone in the 1st lists music has been played.
- ❖ The “right of way” **must** be given to the person skating their program. If you do not know whose music is being played, please ask. Right of way will then be given to lessons.
- ❖ You are responsible for your music. Please have all music clearly marked with your name. Be sure to pick up your music at the end of each session.
- ❖ **NO** personal music devices (IPODS, CD players, phones, etc.) are allowed on the ice at any time unless being used by a coach. Coaches may give permission for use of a music device if deemed necessary.
- ❖ The lobby must be kept clean & neat. When not skating, please put your equipment in your bag or locker. The Recreation Center is not responsible for lost or stolen equipment. Other people will be using the lobby, so please do not leave anything of value unattended.

All skaters are expected to be polite & courteous. **Any** SDRC ice skating staff professional has the authority to ask skaters who are rude or disruptive to leave the ice.

The golden rule is always in effect!! Do unto others as you would have them to do unto you!!